

Community Parent Evening at The Children's Room

Helping Our Children & Teens Cope with Stressful Life Events

This presentation and interactive discussion will give parents, educators and other concerned adults practical information about how children and teens understand and cope with loss. Participants will learn developmentally appropriate strategies and language to help children understand significant losses such as death, divorce and illness. Caring adults can make a significant difference, by validating and respecting children's feelings, and helping them develop coping skills that will serve them throughout their lifetime.

Presented by Deborah Rivlin, MA, Director of Education & Training

Monday, January 31

6:30 to 8:00 pm

The Children's Room
1210 Massachusetts Ave
Arlington, MA 02474

\$10.00 per person at the door

Visit childrensroom.org
for directions. Parking available on
Mass Ave and Appleton Street
RSVPs to kate@childrensroom.org

Deborah Rivlin has worked in the field of bereavement for 30 years. Previously, she worked at The Good Grief Program at BMC, and developed the CIRCLE, a family bereavement support program that helped many families who lost a loved one on 9/11/2001. She is also an adjunct professor at Mount Ida College.

Deborah is available for trainings, workshops, and consultations for schools, organizations, and Individuals or families.

For more information:
Deborah@childrensroom.org
781-641-4741 ext. 321



The Children's Room

Caring support for grieving children
& families