



Books About Grief and Death



For Young Children (ages 2-4)

The Dead Bird by Margaret Wise Brown
The Goodbye Book/El libro del adios by Todd Parr
I Miss You (A First Look at Death) by Pat Thomas
Something Very Sad Happened by Bonnie Zucker

For Children (ages 4+)

When Dinosaurs Die by Laurie Krasny Brown
Everywhere, Still by M.H. Clark
The ABCs of Grief by Jessica Correnti
Cape by Kevin Johnson
The Invisible String by Patrice Karst
Ida, Always by Caron Levis
Lifetimes: The Beautiful Way to Explain Death to Children by Brian Mellonie
All the Pieces: When a Loved One Dies from Substance Use by Hallie Riggs
The Memory Box: A Book About Grief by Joanna Rowland
Tear Soup by Pat Schwiebert and Chuck DeKlyen
Grief Is an Elephant by Tamara Ellis Smith

For Teens

I Will Remember You: A Guidebook Through Grief for Teens by Laura Dower
The Grieving Teen by Helen Fitzgerald
Teenagers Face to Face with Bereavement by Karen Gravelle
Grief: Insights and Tips for Teenagers by Joe Jansen
Healing Your Grieving Heart for Teens: 100 Practical Ideas by Alan Wolfelt

For Parents / Caregivers

Bearing the Unbearable by Joanne Cacciatore
It's Okay That You're Not Okay by Megan Devine
Guiding Your Child Through Grief by Mary Ann Emswiler
A Parent's Guide to Raising Grieving Children by Phyllis Silverman

