



# Books About the Death of a Parent

## For Young Children (ages 3-8)

The Dreams We Made by Lisa Bentley (FATHER)  
Why?: A Story for Kids Who Have Lost a Parent to Suicide by Melissa Heath (FATHER)  
The Boy and the Gorilla by Jackie Kramer (MOTHER)  
Together We Remember by Jackie Morera (MOTHER)  
Empty and Me by Azam Mahdavi (MOTHER)  
Mouseboat by Larissa Theule (MOTHER)  
One Wave at a Time by Holly Thompson (FATHER)

## For School-Aged Children (ages 7-12)

My Dad's a Birdman by David Almond (MOTHER)  
The Care and Feeding of a Pet Black Hole by Michelle Cuevas (FATHER)  
After You Lose Someone You Love by Amy Dennison (EITHER)  
Good Things by Maryah Green (FATHER)  
The Night Diary by Veera Hiranandani (MOTHER)  
Pie in the Sky by Remi Lai (FATHER)  
Milo: Sticky Notes and Brain Freeze by Alan Silberberg (MOTHER)  
Luna's Red Hat by Emmi Smid (MOTHER)

## For Teens

Tiger Eyes by Judy Blume (FATHER)  
Dancing at the Pity Party: A Dead Mom Graphic Novel by Tyler Feder (MOTHER)  
If Only by Carole Geithner (MOTHER)  
You Are Not Alone: Teens Talk About Life After the Loss of a Parent by L.ynn B. Hughes  
How It Feels When a Parent Dies by Jill Krementz

## For Parents / Caregivers

Bearing the Unbearable by Joanne Cacciatore  
Finding the Joy by Colin Campbell  
Normal Broken by Kelly Cervantes  
It's Okay That You're Not Okay by Megan Devine  
Guiding Your Child Through Grief by Mary Ann Emswiler  
A Parent's Guide to Raising Grieving Children by Phyllis Silverman

